



## Candidate Information

### Co-Presidents

#### **Carrie Finch, RDN, CSP**

Carrie Finch graduated from Virginia Tech with a Master's degree in Nutrition and went on to complete her dietetic internship at the Medical University of South Carolina (MUSC) in Charleston, SC. Upon completion, Carrie remained in Charleston working in pediatric nutrition support and more specifically, as the Neonatal ICU dietitian for almost 20 years. She now works at VCU as the NICU dietitian while continuing to actively serve on best practice and quality improvement committees, continually working to optimize high-risk infant nutritional care. Carrie has a passion for teaching her NICU team about neonatal nutrition, writing TPN, and trending growth outcomes of her patients. She has authored publications and abstract posters about neonatal nutrition, and spoken at conferences and nutrition associations across the country. In 2015, she developed and led an Advanced Practice Residency online program for dietitians called "Nutritional Care for the High-Risk Infant" which provided intense neonatal nutrition training for NICU dietitians across the country.

#### **Andrea Spangler M.Ed, RD, CSP**

Andrea received her Bachelor of Science degree in Nutrition & Dietetics and a Minor in Psychology of Human Development from Mansfield University of Pennsylvania. She successfully completed my dietetic internship at the University of Virginia Health System and became certified in pediatric nutrition (CSP) in 2010 and has since maintained this certification. She later earned my Master's of Education in Nutrition Education from Framingham State University in MA. She is currently a member of the American Society of Parenteral and Enteral Nutrition. For 10 years, she's worked at at Virginia Commonwealth University Medical Center working exclusively with pediatrics and she has experience with NICU graduates, Cerebral Palsy, Disordered Eating/Eating Disorder, Developmental Delay, and Gastrointestinal disorders. For the past 3 years, she has specifically worked with the Gastroenterology, Hepatology & Nutrition team in an outpatient setting at the Children's Hospital of Richmond and is currently working on developing a Food Based/Blenderized Feeding Program for children fed partially or exclusively by gastrostomy tube as well as a Celiac Support Group.

## Vice President

### **Jessica Conley, RDN**

Jessica Conley graduated from Messiah College in 2018 with a degree in Nutrition and Dietetics and went on to join UVA Health's 2019-2020 cohort of dietetic interns. She fell in love with UVA, Charlottesville and clinical nutrition and took a temporary position with UVA Health directly after her internship as a part of their dietetic internship leadership team as well as covering multiple outpatient clinics including high risk OB, community oncology, and stem cell transplant. She transitioned to a permanent position in the Pediatric Intensive Care unit and Neonatal Intensive Care unit in May of 2020 and has loved jumping into the world of pediatrics! Though the future is wide open, she imagines it would be very rewarding to one day work again with pregnant moms and with infants through their first year of life, providing a holistic approach to nutrition, but only time will tell!

## Treasurer

### **Megan Flinn, RDN**

Megan graduated with her Bachelors of Science from James Madison University and then went on to complete her internship at the University of Virginia. After completing her internship, she spent 6 years working in the NICU and PICU. Currently Megan is as the Enteral Nutrition Program Manager with Optum home infusion pharmacy where she manages many children with short bowel syndrome once they're discharged from the hospital, as well as other conditions that require home nutrition support and oral supplements. Presently, she is working with the American Society of Enteral & Parental Nutrition (ASPEN) to gather national enteral nutrition data to improve patient outcomes. Megan is also a founding Board Member of the Virginia Neonatal Nutrition Association! Along with 4 other dietitians, Megan founded VaNNA in 2009 and served, as treasurer for the first 6 years of our organization's existence and VaNNA is thrilled to have her back!

## Secretary

### **Rebecca Vander Veer RD, LD, CNSC, CLC**

Rebecca Vander Veer is a NICU dietitian at Children's National Hospital in Washington, DC. She completed her undergraduate training in Nutrition & Dietetics at Samford University and completed her dietetic internship at the University of Virginia, focusing in pediatrics and nutrition support. She is currently pursuing a master's in public health with a focus in maternal and child health at the University of Minnesota. At Children's National, she is involved in multiple quality improvement and research projects, including the development of a zinc

deficiency protocol, which was published in the Fall 2019/Winter 2020 edition of *PNPG Building Block for Life*. Rebecca is board certified in nutrition support and is also a certified lactation counselor.

## Vendor Liaison

### **Rachael Trotman, RDN**

Rachael Trotman graduated from Virginia Tech with a B.S. in Human Nutrition, Foods & Exercise in 2018. She went on to complete her dietetic internship in Richmond, Virginia at VCU Medical Center where she discovered her love for Pediatrics and specifically the NICU. Rachael now works as a NICU dietitian at UVa Medical Center. As a young dietitian, Rachael has enjoyed finding her niche early in her career. She is passionate about human milk and loves interacting with the healthcare team to create a conducive environment for the smallest of lives to thrive.